



## CLASS – III

### Summer Holiday Homework



*Month of June has brought long hot days, And  
now we have our summer holidays*

*School is closed and no set rules, Waking up  
late and going to pool*

*Little homework, Easy to be done,*

*Playing with friends and lots of fun,*

*Beautiful times come once in a year,*

*Summer holidays are best days ever*

**This summer break let's make a difference!**

#### GENERAL INSTRUCTIONS

- Learn and grow a new skill like a skill of art, painting, craft, a piece of music or dance.
- Take small responsibilities in household chores.
- Respect your parents, grandparents, and all elders. Try to collect coins of appreciation from your elders for each value depicted in your daily behaviour.
- Physical fitness is an important aspect of life. Do yoga and exercise regularly.
- Avoid heavy and oily food and intake fresh fruits and water to keep yourself hydrated and energetic.
- Plant a sapling, nurture it with love and watch it grow.
- Converse in English with your parents and siblings as it will improve your proficiency.
- Keep yourself updated by watching news and reading newspapers.

#### SPECIFIC INSTRUCTIONS

Your teachers have curated a list of fun-filled activities that are sure to keep you engaged and entertained during the break. Not only you will have fun, but also learning and

growing as you explore new interests and challenge yourself. Follow the instructions given below :

- Holiday homework must be done in a very neat and presentable manner.
- Creativity and originality of work shall be appreciated.
- Do all the work as guided by each subject teacher.
- Compile your work in an attractive folder with your name and class written on it.
- Parents are requested to support and guide their ward as they embark on the exciting journey of discovery and self-improvement.

## ART INTEGRATED PROJECT

### THEME- FOOD DIVERSITY IN INDIA

#### *Exciting English*

Make a food Menu with dishes of your choice and add different cuisines of different states especially of Tripura and Mizoram .

Points to remember:

- Give name to your restaurant
- Menu should include variety of dishes, drinks and deserts of various states
- Add price value to all the dishes
- Be creative and original with ideas

#### *Sensational Social Studies*

**India is a land of diversity, and its cuisine is no exception. Each state of India has its unique culinary culture and delicacies that reflect its local culture, customs, and traditions. Let's embark on a culinary journey across the country and discover some of India's famous cuisines and ingredients.**

- **Draw the outline of map of India and mark the following states on it:  
Gujrat, Maharashtra, Tamil Nadu, Rajasthan and your home/native state.**
- **Draw or paste the pictures of their famous cuisines served on festivals and special days and mention their names and main ingredients.**
- **Find out the names of traditional food of people of Tripura and Mizoram states.**
- **Make a platter of your home state using **NEWSPAPER QULLING CRAFT.****



## Sparkling Science

Choose any three different cooking methods to compare (e.g. baking, steaming, boiling, frying).

Select a food item to cook using each method (e.g. vegetables for steaming, pasta or eggs for boiling, french fries for frying, cake or muffins for baking).

Observe the appearance, texture and taste of food item after cooking.

Record the observations and compare the different cooking methods under given points.

\*Name of the dish

\*Raw material or ingredients used.

\*Name the type of the utensils or appliances used

\*cooking time

\* changes in the texture and taste observed.

\* Rate the taste.

\*Note - Parents are requested to cook all the food items. Children will only observe and record.

## Magnetic Maths

Cooking, serving, storing and packing food items require many different kinds of kitchen appliances.

- Look into your Mom's kitchen and make models of any three utensils or equipments used for storing, cooking or packing food items using card boards, clay, wooden sticks or waste material.
- Name the each equipment/object, its shape, and number of faces, vertices and edges it has.

## Hearty Hindi

विषय: दादी मां का खाना खजाना

इन छुट्टियों में आप अपने दादा- दादी जी के साथ समय बिताएँ व अपनी दादी जी की सहायता से उनके समय में कुछ खास अवसरों पर बनाए जाने वाले किसी एक व्यंजन को बनाएँ। अपनी दादी जी के साथ उस व्यंजन को बनाते हुए एक फोटोग्राफ भी लें। व्यंजन बनाते हुए आपके और दादी जी के बीच में जो बातचीत हुई उसे एक संवाद के रूप में लिखिए। उनसे इस बारे में कुछ प्रश्न भी पूछें जैसे 1 आज के समय और उनके समय में खाना बनाने के तरीकों में क्या अंतर है? 2 आज के समय में हम बिजली के उपकरणों का प्रयोग करते हैं। उनके समय में किन चीजों का प्रयोग खाना बनाने के लिए किया जाता था? 3 उनके खाना बनाने और खाना खाने का क्या समय होता था? व्यंजन के पोषिक गुणों के बारे में भी जानें। इस तरह के और भी प्रश्न पूछ कर, दादी जी की फोटो के साथ संवाद के रूप में लिखिए। यह सारा कार्य रंगीन A 4 शीट पर करें।

## Magnificent Punjabi

ਵਿਸ਼ਾ: ਪੰਜਾਬੀ

ਗਤੀਵਿਧੀ: ਕ੍ਰਾਸਵਰਡ (ਵਰਗ ਪਹੇਲੀ)

ਦਿੱਤੀ ਗਈ ਵਰਗ ਪਹੇਲੀ ਵਰਕਸ਼ੀਟ ਵਿੱਚੋਂ ਵੱਖ-ਵੱਖ ਕਿਸਮ ਦੇ ਭੋਜਨ ਲੱਭੋ ਅਤੇ ਉਹਨਾਂ ਦੇ ਨਾਂ ਲਿਖੋ।

ਗ	ਅੰ	ਸ਼ਿ	ਤ	ਸ	ਰੀ	ਕੁ	ਲ	ਚਾ
ਕੇ	ਦਾ	ਲ	ਗੋ	ਦਾ	ਮੱ	ਪ	ਭਿੰ	ਡੀ
ਟ	ਹਾ	ਕ	ਭੀ	ਲ	ਕੀ	ਮੁ	ਨੀ	ਨ
ਪੀ	ਛੇ	ਬ	ਨ	ਮੱ	ਦੀ	ਆ	ਰ	ਰ
ਠਾ	ਲ	ਲੇ	ਰ	ਖ	ਰੋ	ਅ	ਲੁ	ਖੀ
ਸ	ਮੋ	ਸਾ	ਭ	ਣੀ	ਟੀ	ਵ	ਪ	ਰ
ਬਾ	ਮ	ਬੁ	ਜ	ਟੂ	ਰੇ	ਦ	ਰਾ	ਤੂ
ਮ	ਢੇ	ਣ	ਮ	ਵ	ਰੇ	ਰੁ	ਠਾ	ਆ
ਟ	ਕ	ਸਾ	ਬ	ਰ	ੜਾ	ਪਾ	ਵ	ਕ
ਰ	ਲਾ	ਹੀ	ਗ	ਬੈ	ਰੋ	ਕ	ਲੀ	ੜੀ

**Craft :** Make a food mat using colourful sheets and make its border with cutlery items